

NÁDÚR

AT BALLYGARRY HOUSE

Body Treatments

Organic Seaweed Leaf Wrap	90 minutes	€139
Warm Spiced Peat Wrap	75 minutes	€120
Coconut Shell Cream Body Wrap	60 minutes	€110
Sweet Peppermint & Seaweed Scrub	45 minutes	€80
Honey & Irish Whiskey Salted Body Scrub	30 minutes	€60

Massage Treatments

Seaweed & Stone Muscle Melt Massage	90 minutes	€140
Hot Stone Massage	90 minutes	€139
Mindful Moments Massage	90 minutes	€130
Five Element Aroma Massage	60 minutes	€100
Lava Sea Shell Massage	60 minutes	€100
Immune Recovery Massage	60 minutes	€90
Cushioned Head & Neck Massage	45 minutes	€79
Broadening Back Massage	45 minutes	€79
Leg & Foot Reviver Massage	45 minutes	€79
Reflexology	45 minutes	€70

Facial Treatments

Seaweed Deluxe Facial	90 minutes	€129
Rejuvenating Age Support Facial	90 minutes	€129
Voya Self Discovery Facial	60 minutes	€99
Five Element Aroma Facial	60 minutes	€99
Floral Honey Infused Facial	45 minutes	€80

Skin Formulas Lactic Peel Treatment	45 minutes	€89
Skin Formulas Microdermabrasion Treatment	45 minutes	€89
Skin Formulas Deluxe Combi Facial	90 minutes	€149

Maternity Treatments

Maternity Massage	90 minutes	€139
Yummy Mummy	90 minutes	€130
Nádúr Nurture	75 minutes	€119
Tension Easer Massage	45 minutes	€80

Touch Therapy Treatments

Chemo Comfort Therapy	60 minutes	€89
Radium Relief Therapy	60 minutes	€89

Treatments just for HIM

Refinery Face & Back Treat	90 minutes	€129
Brew & Renew	90 minutes	€120
Ho-Leaf Intensive Muscle Massage	60 minutes	€100
Hammer & Nails	90 minutes	€100
HOP in the Bath	30 minutes	€59

Rituals

Voya's Seaweed Cocktail Ceremony	150 minutes	€260
Five Elemental Signature Ritual	120 minutes	€179
Honey Harmony Ritual	105 minutes	€150

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Nail Care

Callus Peel Foot Treatment & Paint	75 minutes	€70
Nádúr Spa Manicure	60 minutes	€60
Nádúr Spa Pedicure	60 minutes	€60
Prompt Paint on Fingers & Toes	60 minutes	€55
Callus Peel Foot Treatment	45 minutes	€50
Shellac Gel Polish	45 minutes	€40
Prompt Paint on Fingers or Toes	30 minutes	€30

Waxing

Full Leg	€30
Full Leg & Bikini	€40
½ Leg	€15
Bikini (basic)	€15
Bikini (extended)	€25
Brazilian	€35
Hollywood	€40
Eyebrows	€10
Lip & Chin	€10
Underarm	€12

Threading

Eyebrows	€15
Lip	€10
Chin	€10
Eyebrows, Lip & Chin	€30

Tinting

Eyelash Tint	€15
Eyebrow Tint	€10
Eyelash, Eyebrow Tint & Shape	€30

Hair & Makeup

Makeup Only	€45
Hair Only	€35 - €45
Hair & Makeup	€70

Superfluties

Aromatherapy Hydrotherapy	30 minutes	€55
VOYA Seaweed Soak	30 minutes	€55
Perfect Back	30 minutes	€55
Elemental Oil Scalp Massage	30 minutes	€55
Age Support Eye Lift	30 minutes	€55

Teen Treats

Tropical Pop	45 minutes	€50
Skin Spirit	45 minutes	€50

*Use of the Thermal Suite, Outdoor Hot Tub & Relaxation Room €30
(access to these facilities are complimentary to guests availing
of treatments costing €70+)*

*Thermal Suite 10 x Visit Pass Price €100 (after 10 visits, receive
a 30minutes back massage FREE)*

