

THE

BRASSERIE

AT BALLYGARRY HOUSE

Estd. 1958

STARTERS

CREAM OF TOMATO & BASIL SOUP €6.95

served with homemade brown bread (G)

BALLYGARRY SEAFOOD CHOWDER €7.95

homemade brown bread (large bowl option €10.95)

CHOWDER/SOUP & SANDWICH €10.95

*bowl of Ballygarry seafood chowder or soup,
served with a dressed sandwich of your choice*

GOLDEN CRUMBED BRIE €7.95

bramley apple compote, cumberland sauce

SMOKED HADDOCK & LEEK FISHCAKE €9.95

*tartar sauce, lemon wedge
(main course option €14.95)*

BANG BANG CHICKEN €9.95

*sesame & soy dressed asian slaw
sweet chilli & lime dip*

HEALTHY BITES

& SALADS

SUPERFOOD SALAD €13.95

*quinoa, beetroot, house slaw, pomegranate,
baby spinach leaves, toasted seeds, walnuts & feta (G) 367 calories
add chicken €15.95*

WARM PRAWN SALAD €15.95

*sautéed pink prawns, leaves, noodles, asparagus,
fennel, peppers, honey & citrus dressing (G)
507 calories*

OAK SMOKED SALMON SALAD €14.95

*baby capers, pickled shallots, citrus slaw, rocket leaves (G)
372 calories*

SEARED HEREFORD BEEF TIPS SALAD €15.95

*roast cherry tomatoes, mixed leaves, toasted pine kernels, parmesan,
crumbed feta, honey & mustard dressing (G)
538 calories*

CLASSIC CHICKEN CAESAR SALAD €13.95

*baby cos lettuce with caesar dressing, parmesan & garlic croute
(with smoked bacon €15.95)
543 calories (763 calories)*

GOATS CHEESE SALAD €12.95

*roasted goats cheese, sweet potato & red onion marmalade
pine kernels, rocket leaves, balsamic treacle (G) 568 calories*

MONDAY'S SPECIALS

ROAST LOIN OF PORK €14.95

served with an apple compote & finished with a red wine jus

POACHED FILLET OF SALMON €14.95

*served with wilted spinach
& finished with a light prawn bisque*

GOLDEN CRUMBED BREAST OF CHICKEN €13.95

with a savoury stuffing & served with a thyme jus

*all of the above are served with a selection of
vegetables & potatoes*

BEEF STROGANOFF €12.95

served with a fragrant basmati rice

GOURMET SANDWICHES

PHILLY STEAK SANDWICH €15.95

*tender strips of beef marinated in a barbecue sauce, sautéed onions &
mushrooms, topped with provolone cheese, served with salad & fries*

OPEN SANDWICH

*served on our homemade brown treacle bread
chicken, parmesan & rocket €10.95
oak smoked salmon & avocado mayonnaise, king prawn marie rose and
water cress salad €14.95*

CHICKEN & STUFFING SANDWICH €8.95

served on granary brown bread, with country relish

TUNA MELT €10.95

country loaf, smoked cheddar, mango chutney

TRADITIONAL TOASTED SANDWICH €10.95

ham, cheese, tomato and onion served with fries

WARM CHICKEN WRAP €10.95

*chargrilled chicken, baby gem leaves,
your choice of caesar dressing or sweet chili & lime mayo*

All sandwiches can be prepared on Gluten Free Bread

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