

NÁDÚR

AT BALLYGARRY HOUSE

Body Treatments

Organic Seaweed Leaf Wrap	90 minutes	€130
Warm Spiced Peat Wrap	75 minutes	€110
Rose Hydrating Body Wrap	60 minutes	€100
Sweet Peppermint & Seaweed Scrub	45 minutes	€75
Honey & Irish Whiskey Salted Body Scrub	30 minutes	€50

Massage Treatments

Seaweed & Stone Muscle Melt Massage	90 minutes	€135
Hot Stone Massage	90 minutes	€130
Mindful Moments Massage	90 minutes	€120
Ultimate Aromatherapy Massage	60 minutes	€95
Lava Sea Shell Massage	60 minutes	€95
Immune Recovery Massage	60 minutes	€85
Cushioned Head & Neck Massage	45 minutes	€70
Broadening Back Massage	45 minutes	€70
Leg & Foot Reviver Massage	45 minutes	€70

Facial Treatments

Seaweed Deluxe Facial	90 minutes	€120
Ultimate Aromatherapy Associates Facial	90 minutes	€120
Voya Self Discovery Facial	60 minutes	€90
Aromatherapy Skin Solution Facial	60 minutes	€90
Floral Honey Infused Facial	45 minutes	€75

Maternity Treatments

Maternity Massage	90 minutes	€130
Yummy Mummy	90 minutes	€120
Smoothie Skin Solution	75 minutes	€105
Mums the Word	60 minutes	€90
Tension Easer Massage	45 minutes	€75

Touch Therapy Treatments

Chemo Comfort Therapy	60 minutes	€80
Radium Relief Therapy	60 minutes	€80

Treatments just for HIM

Refinery Face & Back Treat	90 minutes	€120
Brew & Renew	90 minutes	€110
Hammer & Nails	90 minutes	€95
Intensive Muscle Release Massage	60 minutes	€90
HOP in the Bath	30 minutes	€45

Rituals

Voya's Seaweed Cocktail Ceremony	150 minutes	€250
Nádúr Rose Ritual	120 minutes	€170
Honey Harmony Ritual	105 minutes	€145

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Nail Care

Callus Peel Foot Treatment & Paint	75 minutes	€70
Nádúr Spa Manicure	60 minutes	€60
Nádúr Spa Pedicure	60 minutes	€60
Prompt Paint on Fingers & Toes	60 minutes	€55
Callus Peel Foot Treatment	45 minutes	€50
Shellac Gel Polish	45 minutes	€40
Prompt Paint on Fingers or Toes	30 minutes	€30

Waxing

Full Leg	€30
Full Leg & Bikini	€40
½ Leg	€15
Bikini (basic)	€15
Bikini (extended)	€25
Brazilian	€35
Hollywood	€40
Eyebrows	€10
Lip & Chin	€10
Underarm	€12

Threading

Eyebrows	€15
Lip	€10
Chin	€10
Eyebrows, Lip & Chin	€30

Tinting

Eyelash Tint	€15
Eyebrow Tint	€10
Eyelash, Eyebrow Tint & Shape	€30

Makeup Application

Makeup Only	€45
Hair & Makeup	€60

Superfluties

Aromatherapy Hydrotherapy	30 minutes	€50
VOYA Seaweed Soak	30 minutes	€50
Perfect Back	30 minutes	€50
Enrich Oil Scalp Massage	30 minutes	€50
Instant Eye Repair	30 minutes	€50
Beard & Brows	30 minutes	€50

Use of the Thermal Suite, Outdoor Hot Tub & Relaxation Room €30
(access to these facilities are complimentary to guests availing of
treatments costing €70+)

